



# Australian Outback Marathon

## 28 July 2018

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### Diamond Package - Itinerary Overview

#### 5 Days / 4 Nights

#### Thursday 26 July 2018

- Arrive at Connellan (Ayers Rock) Airport
- Transfer to Ayers Rock Resort
- Hotel Check-In & Race Pack Collection
- Hosted Warm Up Run
- Exclusive Outdoor Welcome Dinner

#### Friday 27 July 2018

- Uluru Sunrise Tour
  - Includes viewing of the sunrise over Uluru and a breakfast backpack for all guests. Following on is a self-guided base walk of Uluru and a visit to the Cultural Centre
- Free Time in the Afternoon
- Race change (change of event if required)
- Merchandise Sales
- Opening address and “Welcome to Country” ceremony
- Race Safety Briefing
- Australian Outback Marathon “Carbo Load” dinner

#### Saturday 28 July 2018

- **RACE DAY - AUSTRALIAN OUTBACK MARATHON**
- Optional Tours Available (at own expense)
  - Uluru Sunset Tour
  - Sunset Camel Ride (limited places available)
  - Afternoon or Sunset Helicopter Tour
  - Sky Diving (limited places available)
- Informal get-together at Outback Pioneer Pub

#### Sunday 29 July 2018

- Hosted stretch class at Sails Poolside
- Additional merchandise sales and “lost property” collection at Sails Poolside Optional Tour Available (at own expense)
  - Sunrise Camel Ride (limited places available)
  - Kata Tjuta “Valley of the winds” tour
  - Helicopter Tours (subject to availability)
  - Sky Diving (limited places available)
- Poolside Stretch Session
- Australian Outback Marathon Celebration Dinner (based on award winning Sounds of Silence)

#### Monday 30 July 2018

- Optional Tours Available (at own expense)
  - Sunrise Helicopter Tour
  - Sunrise Sky Diving (limited places available)
- Transfer to Connellan (Ayers Rock) Airport.
- Tour Ends



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## 28 July 2018

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### Diamond Package - Inclusions

#### 5 Days / 4 Nights

##### Package includes:

- Guaranteed entry to the Australian Outback Marathon (or shorter event)
- Return airport transfer between Connellan (Ayers Rock) Airport and your hotel
- Accommodation for 4 nights
- Breakfast daily
- Ayers Rock Resort backpack
- Hosted warm up training run (Thursday 26 July)
- Outdoor Welcome Dinner (Thursday 26 July)
- Carbo Load Dinner (Friday 27 July)
- Celebration Dinner (Sunday 29 July)
- Other Meals as specified in the itinerary
- Race Day transfers
- Finishers Medal and certificate
- All race day photography (including finishing line photos and video)
- All included Tours/Sightseeing/Activities as specified in the itinerary
- Limited edition Australian Outback Marathon 2XU running top (if booked prior to 11 May 2018)
- Sunday morning poolside stretch class
- Travelling Fit representatives on site
- Discounted rates on specific tours/activities (refer to optional tours or ask us for details)

##### Packages exclude:


- Flights
- Optional Tours which must be booked in advance
- Meals where not specified
- Travel Insurance
- Tourist Visas (if applicable)

##### Notes:

- **Child rate is for all children aged between 3 and 12 years inclusive at the time of check-in**
- **Children 2 years and under are FREE OF CHARGE**
- Adults who are not participating in one of the Australian Outback Marathon events receive **\$100 discount** off the price of the adult package
- Race entry to the Australian Outback Marathon is only available as part of a package and cannot be purchased separately
- All prices are quoted in Australian Dollars (AUD)
- Itineraries and prices are subject to change at any time
- **If choosing to book the Diamond Package without accommodation it is the responsibility of the client to ensure that adequate accommodation has been booked for the duration of their itinerary**

# AUSTRALIAN OUTBACK MARATHON

## 28TH JULY 2018

Diamond Package - 5 Days/4 Nights						
	Thursday, 26 July 2018	Friday, 27 July 2018	Saturday, 28 July 2018	Sunday, 29 July 2018	Monday, 30 July 2018	Tuesday, 31 July 2018
Morning	Arrive @ Ayers Rock Resort  Coach Transfer to Resort  Standard Room Check-In is 3pm  Luggage Storage is available prior if required	6:25am Departure Uluru Sunrise & Base Walk (up to 9km with hop-on/hop off shuttle available)  Cultural Centre Tour  Breakfast Box and Backpack Included  Return shuttles run between 11am and 1pm	6:30am Coach Transfer From Hotel to Race Start   7:45am AUSTRALIAN OUTBACK MARATHON & HALF MARATHON   8:30am 11km Fun Run 6km Fun Run	<b>Optional Tours</b>  6:05am Sunrise Camel Tour (breakfast in hotel after the sunrise tour)  Uluru Helicopter Tour  Ayers Rock Sky Diving  9:00am @ Sails Poolside  Stretch Class  Additional Merchandise Cash Sales Only  Race Day Gear Collection (clothing left on course)	<b>Optional Tours</b> Uluru Helicopter Tour Ayers Rock Sky Diving  10:00am Hotel Check-Out  See You Next Year	
Afternoon	4:15pm Hosted Training Run @ Outback Pioneer (approx 3km - remember your camera)   Free Time	Free Time  4:00pm Merchandise & Race Change @ Town Square  Cash Sales Only  5:00pm Opening Ceremony @ Amphitheatre  5:35pm Safety Briefing  5:50pm Closing Address	<b>Optional Tours</b>  Uluru Helicopter Tour  Ayers Rock Sky Diving  Sunset Camel Ride 4:05pm  Uluru Sunset Coach Tour 5:20pm	<b>OPTIONAL TOUR</b> 10:30am Kata Tjuta "Valley of the Winds" Walking Tour  (Lunch <b>NOT</b> Included bring food and additional water)  Tour returns approx. 3:00-3:30pm  Free Time	Please remember to check your departure time from the hotel if you wish to book a Helicopter Tour with Professional Helicopter Services   Please Note:  <b>Transfers to the Airport</b>  Transfers typically leave from your hotel 2 hours before the scheduled departure time.  Please check with reception in your hotel for exact transfer times	
Evening	6:30pm Welcome Dinner @ Sails in the Desert Poolside  Cash Only Bar Available Bring Warm Clothes	6:00pm Carbo Load Dinner @ Conference Centre (behind the Amphitheatre)	7:30pm Get-Together @ Outback Pioneer Pub (at own expense)	4:40pm AUSTRALIAN OUTBACK MARATHON CELEBRATION DINNER  Bring Warm Clothes		



# Australian Outback Marathon

## 28 July 2018

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### Diamond Package - Detailed Itinerary

#### 5 Days / 4 Nights

#### Thursday 26 July 2018

Today is your arrival day at Yulara and the Ayers Rock Resort. You will be met at the airport by a member of the Australian Outback Marathon team and escorted to your hotel on one of the complimentary Airport Shuttles which will drop you off right at the door of your hotel.

Once you arrive you will be guided to our dedicated check-in area where you will get your room key as well as your race registration pack that will contain, amongst other things, your race bib and exclusive Australian Outback Marathon-custom-made running top (if booked prior to 11 May 2018).

Depending on when you arrive, there is plenty of time to relax by the pool, explore the resort or simply head to the Town Square for a bite to eat and a little souvenir shopping.

**Please note that the standard check-in time is 3pm and there will be a luggage storage area available if required.**

At 4:15pm we will gather at the reception area of the Outback Pioneer Hotel for a hosted training run which is your first opportunity to sample the “red earth” of Central Australia. The run will be fully guided and will last for approximately 45 minutes; just enough time to shake the cobwebs from your legs. Please gather in the lobby of your hotel at **3:55pm** at the latest if you are not staying at the Outback Pioneer Hotel to be escorted to the start of the hosted training run

At 6:30pm we will all gather together for the first of your Australian Outback Marathon dining experiences; our exclusive Outdoor Welcome Dinner at the Sails in the Desert Hotel poolside. Set outdoors this is a great way to relax and mingle with your fellow competitors who will be sharing your Australian Outback Marathon experience with you.

There will also be a cash bar at this function

#### Included Meals: Dinner





# Australian Outback Marathon

## 28 July 2018

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### Friday 27 July 2018

You will be up before dawn today and escorted on a private coach departing from your hotel at 6:25am to see one of the many wonders of the area; the sunrise over Uluru. Please be in the lobby of your hotel by **6:15am** at the latest. A breakfast box is included and you will also get a souvenir backpack to carry your belongings so there will be no need to bring along an extra bag.

Once you have witnessed the sunrise you will start your self-guided tour of the base of Uluru, allowing you to see “up close and personal” what makes this such a special and spiritual place. If you don’t want to walk all the way around, fear not as your private coach will pick you up at the 6.5km viewing area and take you to the Cultural Centre. The full circuit of Uluru is just less than 10km. Tea and Coffee will also be available.

On the way back to the resort a visit to the Indigenous Cultural Centre is a must and this is your next stop. There is plenty of time to learn more about the local culture and the Anangu people, the traditional owners of the land. The tour returns to your hotel at around 1:00pm but if you wish to leave earlier we will also have coaches departing from the Cultural Centre throughout the morning.

**Note:** Your 3 day Uluru/Kata Tjuta National Park entry pass is included in the tour and will be in your registration pack. Please remember to bring it with you and note that we are not able to provide you with your pass earlier.

At 4:00pm there will be the opportunity to purchase your very own limited edition Australian Outback Marathon merchandise and you will also be able to change your chosen event, should you wish to. Both of these activities will take place beside the Amphitheatre near the Sails in the Desert Hotel, followed by the mandatory Australian Outback Marathon Opening Ceremony and Race Briefing starting at 5:00pm.

**The Opening Ceremony and Race Briefing are mandatory as there will be a safety briefing at this time and it is also our last opportunity to pass along any additional information prior to the race itself.**

At 6:30pm the traditional Carbo Load dinner will commence where you will get plenty of opportunity to mingle with your fellow competitors and also to fully “carbo load” should you wish to.

**Included Meals: Breakfast, Dinner**







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## 28 July 2018

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### Saturday 28 July 2018

#### **TODAY IS THE DAY!**

You will need to get up bright and early today but for those with a healthy appetite a full breakfast will be served from 5:00am at your hotel (not applicable if you are camping or on a no accommodation" package). Our private fleet of coaches will pick you up from the lobby of your hotel at 6:30am to take you to the race start so please don't be late! Note: it can get very cold in the mornings in the Australian Outback so please be sure to bring something warm to wear prior to the race start.

Sunrise is approximately 7:30am and this is another excellent opportunity to see the first rays of the sun splash across the mighty Uluru which forms the back-drop of the start/finish area. Toilets will be provided for those needing to quell those last minute nerves and at 7:45am the Australian Outback Marathon (and Half-Marathon) will begin. For those participating in the 11km Fun Run and the 6km Fun Run, your start time will be 8:30am.

There will be plenty of tables and chairs at the start/finish area and we will also be providing fruit, an assortment of sandwiches, muffins and drinks as well as delicious hot soup for you once you have completed the race. There will also be a "gold coin donation" sausage sizzle, with 100% of all proceeds going to the Mutitjulu Foundation. All competitors are encouraged to stay and cheer in your fellow runners but for those that wish to leave once your race has been completed there will be a shuttle bus circulating all day between the finishing area and the resort. You may want to head on back, have a shower and then return to the finishing line to cheer on the last runners as they complete their journey.

#### **Saturday afternoon/evening Optional Tours**

- If you have booked the Sunset Camel Ride you will be collected from your hotel at 4:05pm. Please be in your hotel lobby at **3:55pm** ready to leave.
- If you have booked the Uluru Sunset Coach Tour you will be collected from your hotel at 5:20pm. Please be in your hotel lobby at **5:10pm** ready to leave.
- Afternoon or Sunset Helicopter flight or Sky Diving Tour (must be booked in advance) – you will be picked up from your hotel according to your flight time.

In the evening all the runners are encouraged to head on over to the Outback Pioneer Hotel pub at 7:30pm for an informal get together, a few drinks and some dancing. This is a great way to end your day (food and drinks at own expense).

#### **Included Meals: Breakfast, Brunch/Lunch (at the Race Start/Finish area)**





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## 28 July 2018

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### Sunday 29 July 2018

Breakfast is at your hotel this morning for all those on an accommodation package. At 9:00am we will have our instructors on hand at Sails in the Desert Poolside to take you through a fantastic, free “post-race” warm down and stretch session. This is a great way to take any unwanted aches and pains out of your legs and it is also a fun way to wind down.

All “lost property” can also be collected from Sails Poolside between 9:00am and 10:00am and there will be an opportunity to also purchase any remaining merchandise. Please note that if any items that you have left either at the start or on one of the aid stations are not collected at this time they will be donated to the local communities on your behalf. You can also make additional shoe donations at this time.

#### **OPTIONAL TOURS**

*There are four optional daytime tours available to you should you wish to take advantage of them (at own expense);*

- *Sunrise Camel Tour - Departs 6:05am*
- *Kata Tjuta (the Olgas) “Valley of the Winds” Walk (a great opportunity to make the most of your 3 day park pass!) - Departs 10:30am and returns approx. 3:30pm – please bring water and snacks*
- *Helicopter Ride with Professional Helicopter Services (must be booked in advance)*
- *Uluru tandem Skydiving (must be booked in advance. Spaces are limited)*

Should you decide to stay at the resort the day is free for you do explore on your own or alternatively simply rest and relax by the pool.

This evening will be one of the highlights of your trip, the exclusive Australian Outback Marathon Celebration Dinner. Based on the multi-award winning Sounds of Silence dinner this is an evening not to be missed. We start with sunset drinks and canapés on a dune top overlooking Uluru and Kata Tjuta, and then follow this with a fully hosted multi-course meal, an excellent wine list, an on-site star talker, a marathon slide-show and closing presentations. You will remember the Celebration Dinner long after the aches and pains have gone. Buses will depart from your hotel **promptly at 4:40pm** and return at approximately 10:00pm.

**Note: Please make sure you are at the reception of your hotel at 4:30pm. Please do not be late for the departure as we are unable to hold the coaches for you if you are not there.**

**Included Meals: Breakfast, Celebration Dinner**





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## 28 July 2018

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### Monday 30 July 2018

#### **MONDAY MORNING OPTIONAL TOURS**

- *Helicopter Ride with Professional Helicopter Services (must be booked in advance)*
- *Uluru tandem Sky Diving (must be booked in advance. Spaces are limited)*

Today your regular tour ends. After breakfast you check out of your hotel to begin your journey homewards (with a complimentary airport transfer).

#### **Included Meals: Breakfast**

**Note that your transfer to the airport will leave the reception area of your hotel 2 hours prior to your flight – please refer to the signs in reception for more details.**

